



Thursday 17th November

Dear Parent,

Survival Bike Course Friday 9th and 16th December

RUTS is working in Roslin Primary School as part of our UPower project that promotes active travel across Midlothian. Active travel is about making journeys by foot or bicycle rather than car.

As part of our work with the school we would like to invite parents and pupils to come together on a Friday afternoon to participate in our Survival Bike Course. This will take place over two Fridays – Friday 9th December and Friday 16th December from 1pm – 3pm.

The first session involves learning the skills to check your bike and basic survival skills such as how to change a tire and adjust brakes. The second session would be a led ride around Roslin.

We would encourage you to bring your own bike but if you don't have one, don't worry, we can supply you with a bike and helmet.

If you and your child are interested in coming along, please confirm your interest by emailing myself on szymonb@ruts.org.uk or phoning me on 07940 042 814

Hopefully you and your child can make it along to these sessions.

Yours sincerely,

Szymon Biskup

Community Activity Coordinator