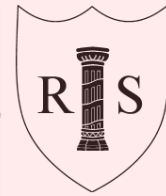


# ROSLIN PRIMARY SCHOOL



LEARNING AND GROWING

*to Achieve Success*



Follow us on Twitter: @RoslinPS

School Website: Roslin.mgfl.net



## Dear Parents/Carers

I am delighted to welcome everyone back to school. All of the children are looking happy and smart in their school uniforms. It is such a pleasure to see all their smiling faces enjoying their learning. The P1s have settled beautifully with Ms Herd and Miss Brodie and it has been an absolute delight to see them flourishing.

I would like to welcome Mrs Berry back from maternity leave as our new Depute Head Teacher. As part of the Midlothian Winding Down Scheme, I am now working 4 days per week. Mrs Berry will lead the school in her capacity as DHT on Wednesdays when I am not in school.

I look forward to an exciting term ahead with all the pupils, staff, parents and wider community.

**Mrs Jo Wilson, Head Teacher**

Term 1 - September 2019



**Our brand new P1's with Ms Herd, Miss Brodie and Mrs Wilson**

# Playtime Snacks









A recent report released by the Royal College of Surgeons revealed that record numbers of under-fives are having rotten teeth removed. Official advice from the British Dental Association advises parents to avoid “sugary snacks”.

Former pupils in our Health Team did a presentation on healthy, un-sugary, snacks to the whole school. The big message was:

ONE SNACK FOR PLAYTIME  
NO ENERGY DRINKS

We promote drinking of water for learning and ideas for snacks are:



 Fruit	 Rice cakes	 Peppers
 Oat cakes	 Carrot sticks	 Normal* crisps
 Unsweetened popcorn	 Mini cucumber	*crisps aimed at children often contain added sugar

*Since this presentation there has been a significant increase in healthy snack.*

Our children designed posters to help remind us of this message.  
Here are a few of our enthusiastic participants.

